

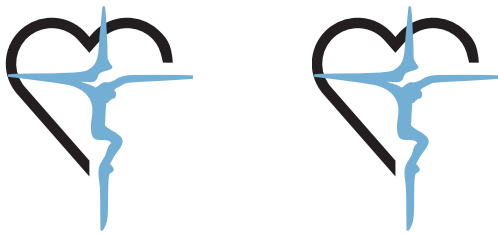


SPRING 2023

# LANSING CATHOLIC COUGARS



TM



**NOURISHING THE HEART  
OF LANSING CATHOLIC**



# **COR FUND**

[cor: noun, Latin — the heart]

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**Questions?** Contact Enrollment Coordinator Claire Boomer at 517-267-2116, [claire.boomer@lansingcatholic.org](mailto:claire.boomer@lansingcatholic.org), or text 484-205-9754.



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# DRIVING GREATER LANSING





**DOMINIC IOCCO**  
PRESIDENT

Welcome to the campus of Lansing Catholic!

The Lansing Catholic High School community forms students spiritually, intellectually, and socially into faithful disciples of Jesus Christ. We are blessed that this mission, focused on forming the whole person, has attracted an increasing number of families to our community this year. We are so thankful to our parents, who have raised such incredible young men and women, and have entrusted us to partner with them in forming their son or daughter.

Spring is the busiest time on campus and with our unpredictable Michigan weather, it is always an adventure. I hope you enjoy a great performance from our incredible young men and women.

Lansing Catholic is a broad community, welcoming families from over 29 school districts who are looking for something different. An education focused on the whole person that reinforces the Christian values their families raised them with. That shared vision unites this community into something that is truly special.

Everything we offer is made possible by the support of our donors and sponsors, several of whom you will find highlighted in these pages. I sincerely thank them for their generosity.. Please support these businesses and organizations as they support the Cougar Family.

Thank you for supporting our students, and, "GO COUGARS!"

God bless,

**Dominic Iocco**

*President*



**KEN HINTZE**  
ATHLETIC DIRECTOR

Finally we have some decent weather!

As we move past the joy of this Easter season, let's not forget that Christ conquered death for our salvation. It is through Him that we can participate in Educational Athletics. This allows our young men and women to play for a higher purpose.

As we travel to away venues, remember that we are meant to be brothers and sisters to one another. Yes, even if they are wearing a different uniform.

Here at LCHS we push our student athletes in the classroom, in prayer life, and on the field. The expectations here are set high, and I am excited to witness our spring teams build on the success of our 2 state championship teams from the winter - Boys Bowling and Girls Basketball.

Remember, sportsmanship matters. From the field to the parking lot, and on social media, Cougars Care.

Let's keep Christ in our hearts and keep championships on the horizon.

I look forward to an incredible spring season, and, as always, GO COUGARS!!

Yours in Christ,

**Ken Hintze**

*Athletic Director*



**FR. JOSEPH CAMPBELL**  
CHAPLAIN

God is good! What a wonderful year it has been! After a week in Alabama for the spring break mission trip (and a lot of sunburn to prove it!), it is finally beginning to feel like spring. In addition to the steadily warmer temperatures, the buzz of activity outside on our sports fields after school everyday is another sign that spring is in the air! It has been lots of fun to go and watch our spring sports. I even got to be the announcer on the PA system for a softball game a few weeks ago. Part of my job during the school day is to do the morning and afternoon announcements on the school PA system every day, so it was fun to bring that role to the sports fields too! I'm certainly no Jimmy Green, but I did my best!

Now that spring break and Easter are past, we are really in the last lap of the school year. Please keep us all in your prayers (especially our seniors and staff) that we can finish the year strong! We are very proud of our student athletes and continue to hope for their success in the last few months of the school year.

Blessings,

**Fr. Joseph Campbell**

*Chaplain*

# SCHOOL PROFILE

## 2022-2023

### MISSION STATEMENT

The Lansing Catholic High School community forms students spiritually, intellectually, and socially into faithful disciples of Jesus Christ.

### TYPE OF SCHOOL

Regional, comprehensive, co-educational Catholic high school

### ACCREDITATION

Michigan Association of Non-Public Schools

### ADMISSIONS

Based on prior academic, behavior and attendance records; recommendations and admissions review of application

### STUDENTS

LCHS serves the varied educational needs of Catholic and non-Catholic youth in the greater Lansing area

### SIZE

Students: 433  
Student/Teacher Ratio: 14:1  
Average Class Size: 17.3

### FACULTY

President: 1  
Dean of Spiritual Formation: 1  
Dean of Intellectual Formation: 1  
Dean of Social Formation: 1  
Athletic Director: 1  
Chaplain: 1  
Religious Sisters: 3  
Social Worker: 1  
Academic Counselor: 1  
Post-Secondary Advisor: 1  
Certified Lay Teachers: 32  
(65% with Master Degrees)

### SCHOOL DAY

8:00am-3:10pm (Mon., Tue., Wed., Fri.)  
9:00am-3:10pm (Thursday)

### FAITH

- Every school day begins and ends with prayer
- All students attend Mass weekly with the opportunity to attend Mass daily
- The Sacrament of Reconciliation is offered twice a week
- Students attend Eucharistic Adoration each Friday
- All students attend a school sponsored retreat once per year
- Juniors and Seniors have the opportunity to attend our Kairos retreat
- Additional retreats, trips, and events are available for students to grow in their faith throughout the school year

### MISSION TRIPS

- Mission Trips are offered during Spring and Summer Break to the following locations: Montgomery, Alabama; Beattyville, Kentucky; Logan, West Virginia; Paradise, Michigan
- 30% of our student body participate in a Mission Trip each year
- Financial Assistance is available to ensure all students who wish to take part in a Mission Trip are able to participate

### SERVICE

- 80 hours of community service required for graduation
- Students also participate in numerous school wide service projects, including hosting a mobile food pantry, sponsoring families for Thanksgiving and Christmas, and various collections throughout the year for local charities
- Work-A-Thon is our annual day of service in which students, staff, parents, and alumni spend the morning volunteering in the greater Lansing area

### CLUBS & ACTIVITIES

Ambassadors	L2 (Love. Lead.)
Be Love Revolution	Mission Trips
Business Club	Music Ministry
Cougar Cage	National Honor Society
Cougar Support Tutors	Peer Assistance Leaders (PALs)
Craftsmanship Club	Prayer Partners
Discipleship Group	Quiz Bowl
Drama Club	Robotics
Good Works Crew	Sociedad Honoraria Hispanica
Guardians of the Altar	Stolen Club
International Travel	Student Athletic Trainers
Intramural Basketball	Student Leadership Team
Jazz Band	Students for Life

### COUGAR ATHLETICS

**Fall Sports:** Football, Boys Tennis, Boys Soccer, Girls Volleyball, Boys & Girls Cross Country, Sideline Cheerleading, Girls Golf, Girls Swimming & Diving

**Winter Sports:** Ice Hockey, Boys Swimming & Diving, Competitive Cheer, Boys & Girls Basketball, Boys and Girls Bowling

**Spring Sports:** Baseball, Softball, Boys & Girls Track and Field, Boys Golf, Girls Tennis, Girls Soccer, Boys & Girls Lacrosse

### GRADUATION REQUIREMENTS

Students must successfully complete the following 24 credits:

Theology.....	4.0 credits
English.....	4.0 credits
Mathematics.....	4.0 credits
Science.....	3.0 credits
Social Studies.....	3.0 credits
Fine Arts.....	1.0 credit
Physical Ed.....	0.5 credit
Health.....	0.5 credit
Rhetoric.....	0.5 credit
World Language.....	2.0 credits
Electives.....	1.5 credits

### ACADEMIC HONORS

Honors for graduates are determined by the 7th semester cumulative Grade Point Average according to this scale:

Summa Cum Laude (3.91+)

Magna Cum Laude (3.75 to 3.9)

Cum Laude (3.5 to 3.74)

### DUAL ENROLLMENT OFFERINGS

College-level dual enrollment courses vary based on offerings provided by Lansing Catholic university partners.

### MEMBER OF LANSING PROMISE SCHOLARSHIP PROGRAM

[www.lansingpromise.org](http://www.lansingpromise.org)

### COLLEGE SCHOLARSHIPS & CLASS GRADE POINT

The members of the Class of 2022 collectively were offered over \$5.1 million in college scholarships. The class GPA was 3.54. 100% of our 2022 graduates are continuing their studies at a college or university.

CONNECT WITH US  
@LANSINGCATHOLIC



### ADVANCED PLACEMENT® COURSE OFFERINGS

AP® English Literature	AP® Spanish	AP® Biology
AP® Chemistry	AP® US History	AP® Government
AP® European History	AP® Calculus AB	AP® Microeconomics
<i>Through Michican Virtual School</i>		
AP® Art History	AP® Calculus BC	AP® Computer Science
AP® Physics	AP® Statistics	AP® Macroeconomics
AP® World History		

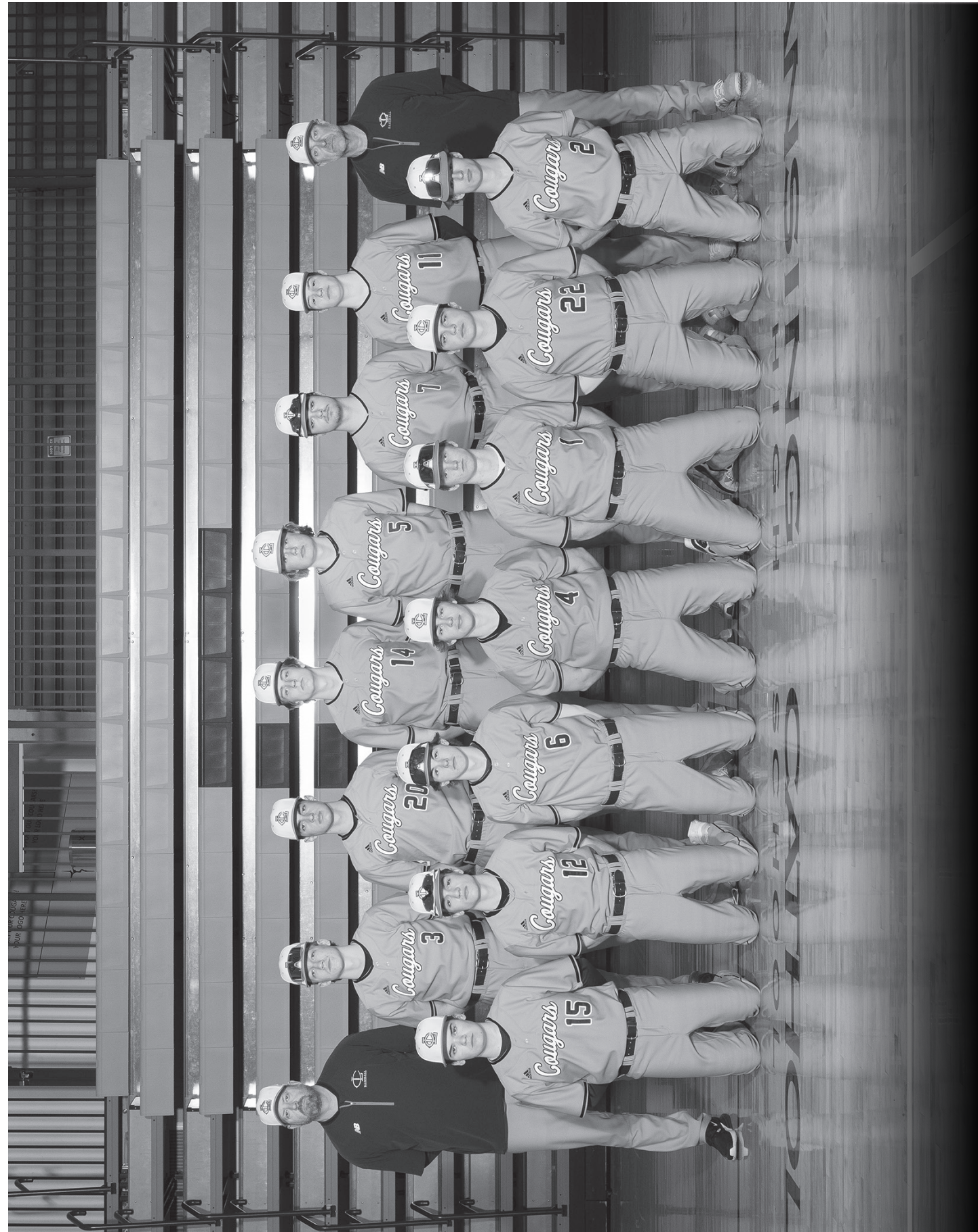
### WORLD LANGUAGES

Spanish, French, and Latin offered. Two years of the same language is required.

### COLLEGE ACCEPTANCES FOR THE CLASS OF 2022

Albion College	Kalamazoo College	University of California-Berkeley
Alma College	Kettering University	University of Dayton
Aquinas College	Kuyper College	University of Detroit Mercy
Ave Maria University	Lansing Community College	University of Indianapolis
Ball State University	Lawrence Technological University	University of Iowa
Butler University	Lourdes University	University of Michigan-Ann Arbor
Calvin University	Loyola University Chicago	University of Michigan-Dearborn
Central Michigan University	Madonna University	University of Michigan-Flint
Colorado State University-Fort Collins	Marquette University	University of Minnesota
Concordia University-Ann Arbor	Miami University, Oxford	University of Montevallo
Denison University	Michigan State University	University of New Mexico
DePaul University	Michigan Technological University	University of North Dakota
DePauw University	Monmouth University	University of Notre Dame
Eastern Michigan University	Northern Michigan University	University of Pittsburgh
Elmhurst University	Northwestern University	University of St. Thomas (MN)
Embry-Riddle Aeronautical University	Oakland University	University of Toledo
Ferris State University	Ohio State University	University of Vermont
George Washington University	Olivet College	University of Virginia
Grace College and Theological Seminary	Purdue University	University of Wisconsin-Madison
Grand Valley State University	Saginaw Valley State University	Villanova University
Hope College	Saint Mary's College	Wake Forest University
Indiana State University	Savannah College of Art & Design	Wayne State University
Indiana Tech	Spring Arbor University	Western Michigan University
Indiana University-Bloomington	The College of Wooster	Xavier University
Indiana University-Purdue University-Indianapolis (IUPUI)	Thomas More University	
	United States Military Academy West Point	
	University of Arizona	

LANSING CATHOLIC HIGH SCHOOL  
501 MARSHALL STREET, LANSING, MI 48912 | 517-267-2100  
WWW.LANSINGCATHOLIC.ORG



**RANDY FARLIN**  
HEAD COACH

Coach Farlin is in his seventh season as the Lansing Catholic High School varsity head baseball coach. Randy is the 7th head coach in program history. He was the JV head coach for 3 years prior to becoming head coach. An Eastern High School graduate, he is married to Kim and they have 2 daughters, Ava and Ella.

**STEVE VANKIRK**  
ASSISTANT HEAD COACH

Coach VK is entering his 28th season on the Lansing Catholic High School baseball staff. A graduate of LCHS and Central Michigan University, he works with the infielders and coaches 1st base during games. Steve is married to Janice and has two sons, Mike and Matt, all LCHS alums.

**PLAYER ROSTER**

- 1 Ty Rakan.....Sophomore
- 2 Seth Elbersen.....Senior
- 3 Drew Tolfree.....Sophomore
- 4 Daniel Shipman.....Senior
- 5 Ty Trahey.....Junior
- 6 Jayden Hanson.....Junior
- 7 Patrick Doyle.....Junior
- 11 Drew Diehl.....Junior
- 12 Austin Gates.....Senior
- 14 Padraic Cotter.....Senior
- 15 Henry Fisher.....Senior
- 20 Alex Fernandez.....Sophomore
- 22 Drew Burlingame.....Senior

**JACKSON WILCOX**  
ASSISTANT HEAD COACH

**SCHEDULE**

- (A) 04/04/23 4:00 PM vs Detroit Catholic Central HS
- (A) 04/04/23 6:00 PM vs Detroit Catholic Central HS
- (H) 04/05/23 4:00 PM vs Lumen Christi Catholic HS
- (H) 04/05/23 6:00 PM vs Lumen Christi Catholic HS
- (H) 04/11/23 4:00 PM vs Williamston HS
- (H) 04/11/23 6:00 PM vs Williamston HS
- (A) 04/13/23 4:00 PM vs Okemos HS
- (A) 04/13/23 6:00 PM vs Okemos HS
- (A) 04/17/23 4:00 PM vs Pewamo-Westphalia HS
- (A) 04/17/23 6:00 PM vs Pewamo-Westphalia HS
- (A) 04/18/23 4:00 PM vs Lansing Sexton
- (A) 04/18/23 6:00 PM vs Lansing Sexton
- (H) 04/20/23 4:00 PM vs Haslett HS
- (H) 04/20/23 6:00 PM vs Haslett HS
- (A) 04/25/23 4:00 PM vs Portland HS
- (A) 04/25/23 6:00 PM vs Portland HS
- (A) 04/27/23 4:00 PM vs Mason HS (Mason)
- (A) 04/27/23 6:00 PM vs Mason HS (Mason)
- (H) 05/02/23 4:00 PM vs Charlotte HS
- (H) 05/02/23 6:00 PM vs Charlotte HS
- (H) 05/04/23 4:00 PM vs Holt HS
- (H) 05/04/23 6:00 PM vs Holt HS
- (A) 05/06/23 10:00 AM vs OPEN St. Johns Invite
- (A) 05/09/23 4:00 PM vs Ionia HS
- (A) 05/09/23 6:00 PM vs Ionia HS
- (H) 05/11/23 4:00 PM vs Dewitt HS
- (H) 05/11/23 6:00 PM vs Dewitt HS
- (H) 05/16/23 4:00 PM vs Eaton Rapids HS
- (H) 05/16/23 6:00 PM vs Eaton Rapids HS
- (H) 05/18/23 4:00 PM vs Grand Ledge HS
- (H) 05/18/23 6:00 PM vs Grand Ledge HS

Visit [www.lansing-catholic.bigteams.com/](http://www.lansing-catholic.bigteams.com/) for up-to-date details as schedule is subject to change.

## SEASON OFFENSIVE RECORDS

At Bats	Total	Year
Will Schneider	131	2004
Drew Dziachan	128	1996
Chuck DeClarke	128	2008
Drew Dziachan	127	1997
Chad Wenzlick	124	2008
Hits	Total	Year
Scott Brandell	58	1997
Chuck DeClarke	53	2008
Carlos Fernandez	52	1995
Andy Muhn	52	1994
Matt Scyoc	49	2005
Marty Castellon	48	1989
Sean Courtney	48	2007
Batting Average (min.75AB)	Total	Year
Marty Castellon	.510	1989
Phil Booth	.508	1984
Scott Brandell	.500	1997
Riley Creamer	.469	2015
Matt Scyoc	.462	2005
Sean Courtney	.447	2008
Nate Wilcox	.441	2019
Runs Batted In	Total	Year
Scott Brandell	60	1997
Justin Booth	51	1991
Matt Scyoc	44	2005
Rich Passucci	43	1993
Runs Scored	Total	Year
Charlie Lieder	49	2002
Doug Hawley	46	2008
Randy Guifoyle	46	1993
Matt Dziachan	45	1993
Chris Hornberger	45	1993
Adam Babcock	44	2013
Alec Hill	43	1995
Adam Babcock	42	2012

Doubles	Total	Year
Dillon Rush	16	2012
Chuck DeClarke	16	2008
Mike Buda	16	1993
Doug Hawley	15	2008
Scott Brandell	15	1997
Joe Szombati	14	2004
Jackson Wilcox	13	2018
Triples	Total	Year
Carlos Fernandez	8	1995
Steve Sochay	6	1979
Matt Scyoc	6	2015
Eric Plaehn	5	2012
Sean Courtney	5	2006
Dillon Rush	4	2012
Joe Szombati	4	2005
Charlie Lieder	4	2002
Sean Courtney	4	2008
Marty Castellon	4	1989
Sean Courtney	4	2007
Home Runs	Total	Year
Scott Brandell	14	1997
Kevin Cole	7	1999
Randy Guifoyle	7	1993
Jeff Maltby	7	1973
Stolen Bases	Total	Year
Matt Dziachan	37	1993
Mitch Gruber	34	2019
Adam Babcock	34	2012
Jon Hiner	34	1979
Chris Hornberger	32	1991
Seth Elbersen	26	2021
Matt Dziachan	26	1994
Adam Babcock	25	2013
Adam Babcock	23	2011
Luke Baker	22	2008
Will Schneider	17	2005

## CAREER OFFENSIVE RECORDS

At Bats	Total	Year
Matt Scyoc	421	2002-2005
Scott Brandell	408	1994-1997
Adam Babcock	373	2010-2013
Chuck DeClarke	346	2006-2008
Drew Dziachan	343	1994-1997
Sean Courtney	328	2006-2008
Doug Hawley	324	2006-2008
Hits	Total	Year
Scott Brandell	158	1994-1997
Matt Scyoc	151	2002-2005
Chris Hornberger	133	1988-1991
Adam Babcock	132	2010-2013
Sean Courtney	131	2006-2008
Chuck DeClarke	122	2006-2008
Batting Average (min.75AB)	Total	Year
Rick Passucci	.459	1992-1993
Marty Castellon	.427	1988-1990
Chris Hornberger	.422	1988-1991
Andy Muhn	.419	1994-1995
Andy Balasia	.418	1993-1994
Runs Batted In	Total	Year
Scott Brandell	139	1994-1997
Matt Scyoc	114	2002-2005
Joe Szombati	98	2003-2005
Dillon Rush	97	2011-2013
Chuck DeClarke	88	2006-2008
Chris Hornberger	88	1988-1991
Austin Schertzing	84	2012-2014
Mike Buda	82	1992-1993
Tom Cotter	79	2010-2013
Pat Dean	78	2001-2003
Runs Scored	Total	Year
Adam Babcock	135	2010-2013
Matt Scyoc	133	2002-2005
Chris Hornberger	114	1988-1991
Marty Castellon	110	1988-1990
Doug Hawley	110	2006-2008
Drew Dziachan	99	1995-1997

Doubles	Total	Year
Scott Brandell	42	1994-1997
Dillon Rush	38	2011-2013
Andy Muhn	29	1994-1995
Matt Scyoc	27	2002-2005
Tom Cotter	26	2010-2013
Joe Brooks	26	200-2002
Carlos Fernandez	26	1993-1995
Doug Hawley	25	2006-2008
Austin Schertzing	25	2012-2014
Triples	Total	Year
Sean Courtney	11	2006-2008
Carlos Fernandez	11	1993-1995
Steve Sochay	10	1977-1980
Matt Scyoc	8	2002-2005
Home Runs	Total	Year
Scott Brandell	25	1994-1997
Steve Sochay	16	1977-1980
Mike Buda	10	1992-1993
Jeff Maltby	10	1972-1974
Chad Wenzlick	9	2008-2009
Korey Lopez	9	2002-2003
Joe Szombati	9	2003-2005
Austin Krause	9	2013-2014
Stolen Bases	Total	Year
Adam Babcock	96	2010-2013
Marty Castellon	88	1988-1990
Matt Dziachan	63	1993-1994
Mitch Gruber	61	2017-2019
Jon Hiner	58	1977-1979
Matt Scyoc	55	2002-2005
Alec Hill	43	1994-1995
Steve Stornant	43	1972-1974



# PROGRAM HISTORY (THROUGH 2021, THE 2020 SEASON WAS CANCELED)

## PROGRAM ACCOMPLISHMENTS

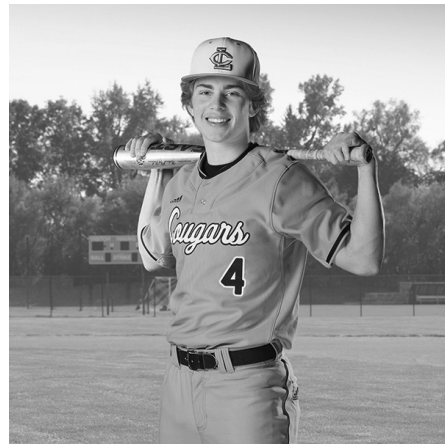
Program Established	1971
Total Seasons	48
Total Games	1464
Total Wins	960
Total Losses	498
Ties	6
Total Winning %	.665
Winning Seasons	41
20-Win Seasons	25
25-Win Seasons	8
30-Win Seasons	6
Average Record	20.0-10.38
League Championships	12
Capital Circuit Conference	6
Capital Area Activities Conference	6
Diamond Classic Finalist	1976, 1983, 1986, 1990, 2013
Diamond Classic Champions	1986, 2013
District Championships	24
Regional Championships	10
Quarterfinal Championships	4
State Finalists	2
State Championships	1 (1996)
Longest Winning Season Streak	18 (1982-1999)

## COACHES

Name	Years	Record	Win %
Tony Reis	1971	14-5	.737
Phil Booth	1972-1997	510-219	.700
Mark Tellier	1998-2001	69-65	.515
Jake Boss	2002-2008	172-84	.672
Mike Scott	2009-2012	73-59-3	.553
Andrew Smith	2013- 2016	69-30-2	.700
Randy Farlin	2017-2019	53-36-1	.596

Most Wins Per Season	Total
1995	34
1996	32
1997	32
2012	31
2005	30
2008	30
2013	30

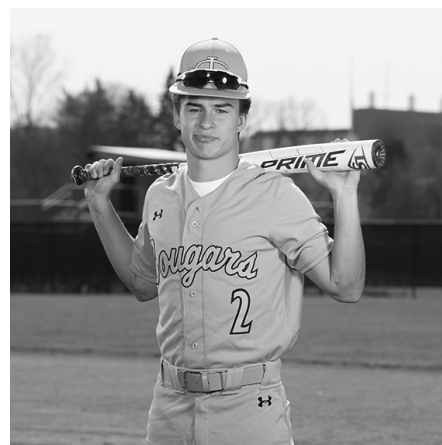
Best Winning %	Total
2013	.909
1997	.869
1995	.829
1996	.821
2012	.816
2005	.811
1979	.800



**DAN SHIPMAN**  
LSJ ALL AREA DIVISION 3



**AUSTIN GATES**  
LSJ ALL AREA DIVISION 3



**SETH ELBERSON**  
LSJ ALL AREA DIVISION 3



**TY TRAHEY**  
LSJ ALL AREA DIVISION 3

# RECORDS PITCHING

## SEASON

Wins	Total	Year
Ron Beachnau	13	1972
Scott Brandell	11	1997
Dillon Rush	11	2012
Scott Brandell	11	1995
Mike DeClarke	9	2012
Chad Gromek	9	2008
Chris Gromek	8	2005
Riley Creamer	8	2015

Winning % (min. 5 decisons)	Total	Year
Scott Brandell	1.00 (11-0)	1995
Mike DeClarke	1.00 (9-0)	2012
Eric Plaehn	1.00 (7-0)	2013
Chris Denney	1.00 (7-0)	2005
Scott Szostak	1.00 (7-0)	1999
Riley Creamer	1.00 (6-0)	2013
Chris Hornberger	1.00 (6-0)	1990

Lowest ERA (min. 20 innings)	Total	Year
Austin Schertzing	0.26	2013
Eric Plaehn	0.35	2013
Scott Brandell	0.77	1995
Doug DeMartin	0.98	1974
Mark Burkholder	1.08	2007
Joey Dean	1.18	2007
Mike DeClarke	1.24	2012
Dillon Rush	1.25	2012
Matt Scyoc	1.30	2005
Riley Creamer	1.30	2016

Strikeouts	Total	Year
Ron Beachnau	141	1972
Scott Brandell	99	1997
Scott Howland	93	1998

## CAREER

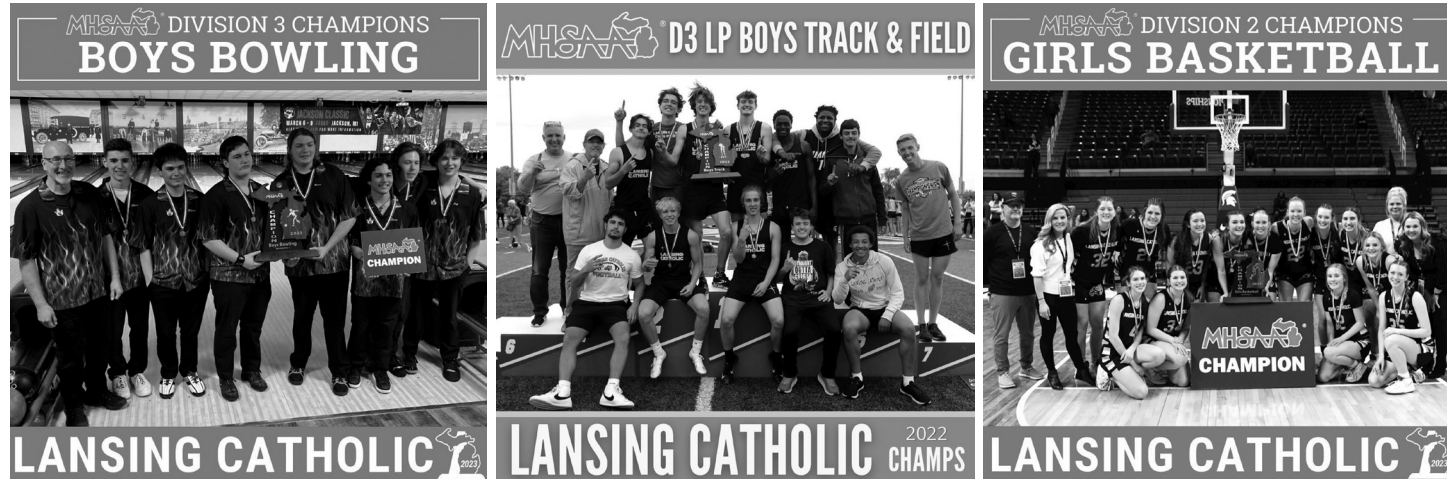
Wins	Total	Year
Scott Brandell	33	1994-1997
Bill Martin	24	1973-1975
Dillon Rush	23	2011-2013
Riley Creamer	21	2013-2016
Chris Denney	17	2005-2007

Winning % (min. 10 decisons)	Total	Year
Jon George	.923 (13-1)	1996-1997
Scott Brandell	.919 (33-4)	1994-1997
Jon Hartman	.917 (11-1)	1993-1994
Kyle Brown	.833 (10-2)	2002-2003
Will Schneider	.824 (14-3)	2004-2005
Joey Dean	.818 (9-2)	2006-2009
Mike DeClarke	.800(16-4)	2010-2012
Chris Hornberger	.800 (12-3)	1988-1991
Dillon Rush	.793 (23-6)	2011-2013
Matt VanKirk	.786 (11-3)	2001-2003
Riley Creamer	.778 (21-6)	2013-2016

Lowest ERA (min. 20 innings)	Total	Year
Scott Brandell	1.41	1994-1997
Eric Plaehn	1.50	2012-2013
Dillon Rush	1.85	2011-2013
Mike DeClarke	1.97	2010-2012
Joey Dean	1.97	2006-2009
Will Schneider	2.26	2004-2005
Kyle Brown	2.27	2002-2003
Drew Dziachan	2.54	2001-2003

Strikeouts	Total	Year
Bill Martin	320	1973-1975
Scott Brandell	279	1994-1997
Ron Beachnau	233	1972-1973
Riley Creamer	157	2013-2016
Matt Plaehn	155	2017-2019
Dillon Rush	144	2011-2013
Mike DeClarke	140	2010-2012
Dave Hendrix Jr.	139	1998-1999
Alec Torrez	129	2001-2003
Will Lovell	127	2008-2011

# CONGRATULATIONS TO OUR MOST RECENT STATE CHAMPIONSHIP TEAMS



***Parents!***  
***Have your kids join their friends and make new ones while leveling up their athletic skills and having fun at the 2023 Lansing Catholic Sports Summer Camps!***

Register now and secure your kids camp shirt!  
Deadline for camp registration is June 1, 2023.



Scan the QR code or go to [lansingcatholic.org/summercamps](https://lansingcatholic.org/summercamps) to see the full list of sport camps and to register online.

For questions or more details, please contact Marcus Kirkpatrick at [marcus.kirkpatrick@lansingcatholic.org](mailto:marcus.kirkpatrick@lansingcatholic.org) or by calling (517) 449-9980

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**[www.impactsolution.net](http://www.impactsolution.net)**





**CURT HANSON**  
JV HEAD COACH

Curt Hanson is in his fourth year coaching the JV Cougar team. He was previously coach for Williamston HS for fifteen years. Coach Hanson and his wife Julie have one son, Jaden, who is a sophomore at LCHS.

**SCHEDULE**

- (A) 04/11/23 4 & 6:00 PM vs Williamston HS
- (H)04/13/23 4 & 6:00 PM vs Okemos HS
- (H)04/17/23 4 & 6:00 PM vs Pewamo-Westphalia HS
- (H)04/18/23 4 & 6:00 PM vs Holt HS
- (A) 04/20/23 4 & 6:00 PM vs Haslett HS
- (H)04/25/23 4 & 6:00 PM vs Portland HS
- (H)04/27/23 4 & 6:00 PM vs Mason HS
- (A) 05/02/23 4 & 6:00 PM vs Charlotte HS
- (A) 05/04/23 4 & 6:00 PM vs Holt HS
- (H)05/09/23 4 & 6:00 PM vs Ionia HS
- (A) 05/11/23 4 & 6:00 PM vs Dewitt HS
- (A) 05/16/23 4 & 6:00 PM vs Waverly HS
- (A) 05/18/23 4 & 6:00 PM vs Grand Ledge H

Visit [www.lansing-catholic.bigteams.com/](http://www.lansing-catholic.bigteams.com/) for up-to-date details as schedule is subject to change.

**PLAYER ROSTER**

- 1 Ian Carrigan
- 2 Anthony Edwards
- 3 Jack Grill
- 4 Colm Madden
- 5 Lucas Payne
- 6 Braden Rabidoux
- 7 Matthew Vorce
- 8 Nolan Breen
- 9 Jayce Campbell
- 10 Noah Jungwirth
- 11 Berto Pecina
- 12 Cruz Ramirez

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**AMY POLJAN**  
HEAD COACH

Coach Poljan is in her 11th year as a softball coach at Lansing Catholic. She brings a wealth of experience to the coaching staff. At Indiana University she was an All-American pitcher and is now a member of the Hall of Fame. Coach Poljan teaches science at Lansing Catholic.

**MARCUS WASILEVICH**  
ASSISTANT COACH

**PLAYER ROSTER**

Nancy Bareham.....	Senior
Mya Bennett.....	Senior
Sara Duffiney .....	Senior
Emma Hansen .....	Senior
Elizabeth Hayes.....	Senior
Emalee Noonan .....	Senior
Charette Addison.....	Junior
Krystyn Hoff.....	Junior
Faith Jungwirth.....	Junior
Aurora Kenyon .....	Junior
Makayla Paul .....	Junior
Mary Poljan .....	Junior
Eva Chain .....	Sophomore
Madison Martin.....	Sophomore
Lani Nguyen .....	Sophomore
Natalie Young .....	Sophomore
Austynn Arellano.....	Freshman
Taylor Dunneback.....	Freshman
Avery Dunneback.....	Freshman
Brooklyn Gorski.....	Freshman
Katy Howard.....	Freshman
Maddie Scott.....	Freshman

**SCHEDULE**

- (H) 04/04/23 4 & 6:00 PM vs Fowlerville HS
- (H) 04/05/23 4 & 6:00 PM vs Lansing Eastern HS
- (H) 04/11/23 4 & 6:00 PM vs Williamston HS
- (H) 04/13/23 4 & 6:00 PM vs Okemos HS
- (A) 04/15/23 10:00 AM vs Olivet HS
- (A) 04/15/23 12:00 PM vs Olivet HS
- (A) 04/17/23 4 & 6:00 PM vs Pewamo-Westphalia HS
- (H) 04/20/23 4 & 6:00 PM vs Haslett HS
- (A) 04/25/23 4 & 6:00 PM vs Portland HS
- (A) 04/27/23 4 & 6:00 PM vs Mason HS
- (A) 04/29/23 10:00 AM vs OPEN Bishop's Cup Lumen Christi HS
- (H) 05/02/23 4 & 6:00 PM vs Charlotte HS
- (H) 05/04/23 4 & 6:00 PM vs Holt HS
- (A) 05/06/23 10:00 AM vs OPEN St. Johns Invite
- (A) 05/09/23 4 & 6:00 PM vs Ionia HS
- (H) 05/11/23 4 & 6:00 PM vs Dewitt HS
- (H) 05/16/23 4 & 6:00 PM vs Eaton Rapids HS
- (H) 05/22/23 4 & 6:00 PM vs East Lansing HS

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**AUDREY NYLANDER**  
LSJ ALL AREA DIVISION 3



**KRISTI RATHBUN**  
LSJ ALL AREA DIVISION 3



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**LET'S GO  
COUGARS!**

# ATHLETIC HALL OF FAME

Founded in 1996 with the inaugural class, the Lansing Catholic High School (LCHS) Athletic Hall of Fame is back, inducting our next class in the fall of 2022. The Hall of Fame will recognize individuals and teams for exemplary accomplishments, contributions, and service to Lansing Catholic High School Athletics. For each class of inductees, the Hall of Fame will include nominations from our "Heritage Schools" (HS): St. Mary's High School, Resurrection, Gabriels, and O'Rafferty. Graduates from Lansing Catholic (Central) High School and our above Heritage Schools are encouraged to apply for the LCHS Athletic Hall of Fame.

LEARN MORE AT [WWW.LANSINGCATHOLIC.ORG/HALLOFFAME](http://WWW.LANSINGCATHOLIC.ORG/HALLOFFAME)



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SOMEONE TO  
NOMINATE TO THE  
HALL OF FAME?



INTERESTED IN  
BEING ON THE  
HALL OF FAME  
COMMITTEE?



CELEBRATING OVER 50 YEARS!



**PLAYER ROSTER**

- 2 Emmie West .....Senior
- 3 Avery Hutchinson..... Freshman
- 4 Cady Kooney ..... Senior
- 5 Bailey Muzzatti.....Sophomore
- 6 Addie Rule..... Freshman
- 8 Gianna Landolt.....Junior
- 9 Maya Flores ..... Freshman
- 10 Nina Huffnagel.....Senior
- 11 Nicole DeLuca.....Senior
- 12 Isabel Doerr .....Sophomore
- 13 Gabby Halliwill .....Junior
- 15 Miriam Hahnenberg.....Junior
- 16 Sydney Stevens .....Senior
- 17 Maggie Morley.....Senior
- 19 Camille Clement.....Sophomore
- 22 Anabel Ludwig .....Senior
- 23 Kate Elias.....Sophomore
- 25 Olivia Jurkovic.....Junior

Claire Sampson

**JV PLAYER ROSTER**

- 0 Megan Beard.....Sophomore
- 1 Gabbie Golzynski..... Freshman
- 2 Fabby Igiraneza.....Junior
- 4 Lynssay Hoff ..... Freshman
- 6 Ava Thomas ..... Freshman
- 7 Addie Rice ..... Freshman
- 19 Kaitlin Ludwig.....Sophomore
- 23 Jasmin Rodriguez-Velasquez .....Junior
- 16/14 Mary Tennes .....Junior
- Narges Jawal ..... Freshman
- Julia Kelleher .....Senior
- Bertha Wnagandu.....Junior
- Ava Thomas ..... Freshman

**BILL PETTIT**  
HEAD COACH

**GUS FLORES**  
ASSISTANT COACH

**ABIGAIL GILMORE**  
ASSISTANT COACH

**SCHEDULE**

- (H) 03/18/23 1:30 PM vs Laingsburg HS Scrimmage
- (H) 04/05/23 7:00 PM vs Lansing Christian School
- (H) 04/11/23 5:30 PM vs Olivet HS
- (A) 04/13/23 5:00 PM vs Kalamazoo Hackett Game @ Mayor's Riverfront Park
- (H) 04/18/23 5:30 PM vs Portland HS
- (A) 04/20/23 5:30 PM vs St. Johns HS
- (A) 04/22/23 9:00 AM vs Williamston HS
- (A) 04/24/23 6:30 PM vs Charlotte HS
- (A) 04/27/23 6:30 PM vs Parma Western
- (A) 04/29/23 10:00 AM vs Lumen Christi Catholic HS Bishop's Cup Lumen Christi HS
- (H) 05/03/23 5:30 PM vs Ionia HS
- (H) 05/04/23 5:30 PM vs West Catholic HS
- (A) 05/09/23 7:00 PM vs Eaton Rapids HS
- (A) 05/11/23 5:30 PM vs Mason HS
- 05/15/23 TBA CAAC CUP

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**CADY KOONEY**  
LSJ ALL AREA



**MORGAN WILCOX**  
LSJ ALL AREA



**EMMA SCOTT**  
LSJ ALL AREA



**BELA FERNANDEZ**  
LSJ DREAM TEAM



**ANNABEL LUDWIG**  
LSJ ALL AREA



**CLAIRE SAMPSON**  
LSJ ALL AREA



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# COUGAR SENIORS 2023



## BASEBALL — BIOS



### DREW BURLINGAME

Drew has played baseball since he was 4 years old and has played on Varsity for 3 years. He has pitched, caught, DHed, and played first. He got his love of the game from his dad who taught him how to play when he was little. His favorite memories is from the PW game last year. And Coach VK yelling at him about swinging a high pitches. Drew plans to attend Grand Valley in the fall and study Journalism.

### PADRAIC COTTER

Padraic watched his first baseball game when he was six days old. He has been hooked ever since. He wants to thank his parents for always driving him and being there for his games. He wants to thank his friends for always making it fun. He also wants to thank his coaches for always helping him. He plans to be going up north to Michigan Tech next year for college. His favorite memory was Rory Durr's double in the state quarterfinals junior year.



### HENRY FISHER

Henry Fisher has been loving baseball since t-ball. He enjoys playing catch with his dad and watching the Tigers. Special thanks to Coach Gates, Coach Hanson, Coach Farlin and Mr. Krauss for their guidance and teaching the importance of teamwork. Henry thanks his parents for their love, support and for being his biggest fans. And for family and friends coming to watch games. Henry will miss the team bonding at their meals after practices! Henry will be attending Michigan Tech University to study engineering.

## BASEBALL — BIOS



### AUSTIN GATES

Austin has been playing baseball since he was two years old. He has played on varsity for three years. His biggest influences have been his coaches over the years who have taught him everything about the game and about perseverance in the game. He will miss listening to music in the locker room before practice and getting food after games. Austin would like to thank his parents and grandmother for taking him to all his games and practices over the years. Austin is committed to playing baseball and studying an undecided major at Grand Rapids Community College next year.

### DANIEL SHIPMAN

Daniel's love for baseball started at a young age when he joined the DeWitt T-ball team at the age of 4. Daniel has been a starter on varsity for the past three seasons. His biggest influence on his game has been his Dad who has thrown countless pitches, grounders and fly balls and has been his biggest fan. Daniel would often wait in the front yard for his Dad to arrive home from work with a baseball, his glove and his Dad's glove in hand. His favorite memory was winning the Regional Championship at Davenport University last season as well as all of the fun times spent with his teammates. Daniel appreciates his family's support especially his parents and grandparents who have traveled to all of his games. Daniel thanks his coaches, teammates and friends who have pushed him to become better and a special thanks to Coach Farlin and Coach Bailey, his travel baseball coach. Daniel would also like to thank Aaron Gumpert and Chris Newell who have helped him become a better athlete and Dr. Wilcox for his treatment and care. Daniel has committed to play baseball at Adrian College where he plans to major in business.



NO BIOGRAPHY SUBMITTED FOR:

### SETH ELBERSON

## SOCCER — BIOS



### NICOLE DELUCA

Nicole has been playing soccer since she was a little kid and this is her 3rd year on the varsity team. Nicole has always loved the sport's competitiveness and its ability to keep her in shape. She wants to thank Coach Bill and Abigail for always giving her good advice on the field and trusting her even when she's tired. She also wants to make a special thank you to Coach Gus for being apart of her soccer journey ever since the Jr. Cougar league. He has constantly been a backbone for her career and she wants to show him thanks. Her teammates, parents, and grandparents have showed out for all her games and have provided a great environment for Nicole to play in. She is going to miss the sport, but hopes to continue playing at an intramural league next year at MSU where she will be studying human biology in the fall.

NO  
PICTURE  
TAKEN

### NINA HUFFNAGEL

Nina has been playing soccer for the past two years on varsity. She wants to thank coach Bill and her teammates for making her better everyday. Her favorite part was just being apart of the team and meeting new people and playing with her friends. Nina plans to attend St. Mary's college in the fall where she will be studying public accounting.

NO  
PICTURE  
TAKEN

### CADY KOONEY

Cady has been playing soccer since she was 5 years old. She would like to thank her parents for being her biggest supporters for all these years and for always showing up to her games to cheer her, and her teammates on. She would also like to thank Coach Bill, Coach Gus, and Coach Abigail for all of their advice and constant encouragement, which has helped her grow as a player and as a leader on the team. The best memories Cady has consists all of the team bonding year after year because it truly is a sport that everyone shows love and support for each other. Cady plans on going to Michigan State to pursue veterinary medicine in the future.



### ANABEL LUDWIG

Annabel began playing soccer in elementary school but she did not return to the field until her junior year of high school and she has been on varsity for two years as goalkeeper. She has been most influenced by her grandpa and dad who encouraged her to return to the game and have supported her in sports since she was little. A favorite memory for Annabel was when she got her first clean sheet of last year's season, a big accomplishment considering she had never been goalie until last year. She would like to thank her coaches for their patience in teaching her to be in goal and her parents for their continued support. Annabel plans on attending community college and staying connected with people here in Lansing, and she is excited for the things that the Lord has in store for her in the years to come.





## SOCCER — BIOS



### MAGGIE MORLEY

Maggie has played soccer her whole life through Williamston and Chill, her senior year is her first year playing soccer in high school. She would like to thank her family for encouraging her, and an of her coaches for teaching her to be a mentally and physically strong athlete. Maggie is attending Michigan State University next year to study business.

### CLAIRE SAMPSON

Claire started soccer as a preschooler and has played ever since. She has been playing club soccer for 8 years and has played on Lansing Catholic's Varsity team for four years. She wants to thank her parents for the countless hours of driving her to practices and tournaments and other sacrifices they've made to let her play, her coaches who pushed her to reach this point and her teammates for their support. Claire plans to attend Michigan Tech and major in Aerospace Engineering and play on the women's soccer team.

### SYDNEY STEVENS

Sydney has been playing soccer on and off ever since the little leagues when she was five years old and came back to play her junior and senior years. She wants to thank her mom and dad for sitting out whether it be in rain, sunshine, hot or cold and supporting her! Sydney's best piece of advice she can give would be to enjoy every moment you have with your teammates and have fun with it because its gone before you know it. Sydney's favorite memory is the games where it is pouring rain and muddy because she loves to see everyone slide around and get dirty. Sydney will be attending MSU in the fall and will be studying marketing and advertising.

### EMMIE WEST

Emmie has been playing soccer since she was 7 years old, and this is her second year on the varsity team. She found her love for soccer playing on a Delta Township League team. Although she played for Chill soccer for a year (earning the team's Most Improved Player award), she spent most of her time playing for various CASL soccer teams including the Waverly Warriors and the Junior Cougars. She completed her elementary years playing several successful seasons for the Grand Ledge Soccer Club. She has always been fast on the field and motivated to do well. Most of all she has found great joy in her teammates and in the game itself. One of her favorite memories playing soccer was when her first coach, Coach Eric told her "never get inside your own head, you always have more to give." She uses this as a way to motivate her during the most challenging situation whether that be on the field or in real life. Emmie is excited to be attending Saint Mary's College in the fall to pursue nursing. She has valued having soccer in her life and hopes to continue to play for fun in the future.



PHOTO CREDIT: TCP-PHOTOGRAPHY.COM

## SOFTBALL — BIOS



### NANCY BAREHAM

Nancy has been playing softball since middle school, regained her passion for it during her sophomore year of high school, and has been on varsity for three years. After high school, Nancy plans to attend Lansing Community College to study Communications and Philosophy. Her advice to her teammates is "remember that what you do or how much you do does not define who you are. Both on and off the field, why you are doing something and how you are doing it makes you who you are and will determine who you will be. So, always strive to do everything in love and humility." Nancy wishes to thank her parents, friends, coaches, and teachers who have always loved her, supported her, and pushed her to strive for excellence and be who Christ made her to be. She would not be who she is without her Lansing Catholic family.

### MYA BENNETT

Mya began playing softball when she was eight years old. Mya has pitched for community, travel, and the Lansing Catholic Varsity softball teams. She is very thankful to her Dad who has sat on a bucket to catch pitches for the past ten years. Mya is also very grateful to have had wonderful coaches including her travel coach Tiffany, pitching coach Rachel, and high school coach Mrs. Poljan. One of Mya's favorite softball memories is when LCHS played under the lights at Ranney Park and she pitched a no-hitter. Mya will be attending Olivet to study exercise science and has committed to the softball team.

### SARA DUFFINEY

Since Sara was a young kid she has been a part of t-ball and softball. Some of her favorite memories from softball at Lansing Catholic include weekend morning tournaments, playing dodgeball against the tennis team, and practicing in the mud at Williamston after the game got rained out. Sara wants to thank Coach Poljan, Coach Mike, Coach Marcus, and Coach CC for helping her to grow as a player and a person. She also wants to thank her parents for providing her with the opportunity to play softball and for always being there to support her. Sara plans to attend the Honors College at Grand Valley State University where she will study pre-veterinary medicine.

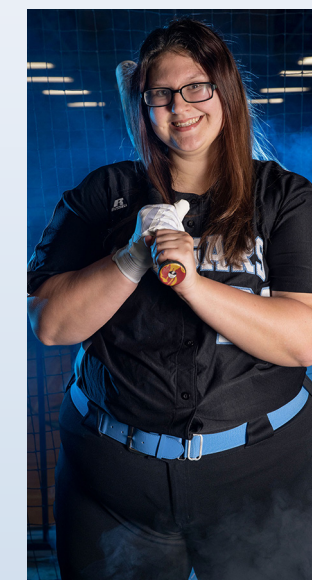


PHOTO CREDIT: WWW.MILIMELIGHTWEDDING.COM

**SOFTBALL — BIOS**



**EMMA HANSEN**

Emma has been playing softball since age 8. She grew up watching her older sister play softball and was inspired to play herself. She has played varsity all 4 years at Lansing Catholic playing various positions. One of her favorite memories on the softball team is when she hit her first home run and witnessed all of her team come together to support her whole-heartedly. Emma would like first to thank Coach Poljan for her continued belief and support that has made her into the player she is today. She wishes every softball player could have a coach like her who deeply cares for each of her players. Thank you also to Marcus, C.C., and Mike for giving their time and talent into making the team better. To her Mom and Dad there are not enough words to say how thankful she is for them. Their support for her has never gone unnoticed or unappreciated. She gives the advice to "play hard, play smart, get dirty and have fun!" Emma values the girls on her team like sisters, and cannot wait to see what great things they will do! Emma plans of attending Lansing Community College for 2 years. Emma is so overwhelmingly grateful for the gifts God has brought to her through this team!

**ELIZABETH HAYES**

Elizabeth has been playing softball since she was about 8. She plays mostly second base, but wherever she is needed. She has been on varsity since freshman year and has formed many deep friendships with her teammates. Her biggest influences have been these same friends who push her to work harder and strive for greatness. She is forever grateful for her parents and all of those who have supported her through all of her years in sports. Her favorite memory was last year when the Williamston game got canceled and she got to play in the mud and practice diving for balls with all of her teammates. She plans to attend LCC next year and major in dental hygiene. Her advice for you would be to just have fun with whatever you are doing.

NO BIOGRAPHY SUBMITTED FOR:

**EMALEE NOONAN**



**GOLF — BIOS**

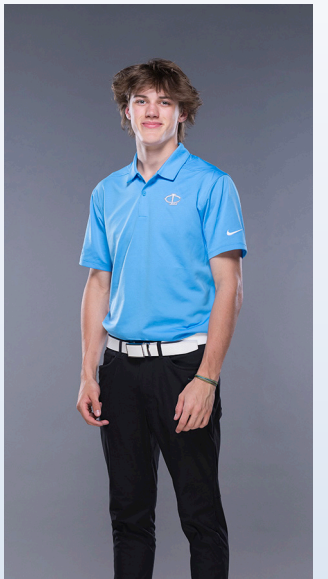


**JACOB BERTRAND**

Jacob has been playing soccer since he was about 7 years old. He has always just played for fun and decided to play this spring when he was not playing a different sport. Jacob would like to thank his parents, especially his dad, for getting him into golf and teaching him how to play. Jacob will attend Aquinas College to play soccer and study physical therapy.

**LEO CLEMENT**

Leo has been playing golf since he was in third grade and this is his first year playing competitive golf for Lansing Catholic. He is having a great time playing with all of his friends at the end of his four years at Lansing Catholic. Leo is grateful to Mr. G for welcoming everyone to the team and being so positive and a great coach. Leo wants to thank his Dad for sharing his love of the game and looks forward to playing together for years to come. Leo will be attending Miami University and studying business.



**SEAN DUA**

Sean has been playing golf for Lansing Catholic for one year but has been playing golf for four years. Sean would like to thank his dad for letting him use his old clubs that were sitting in the garage when he first started golfing. His advice to younger players is to work on your game as much as you can. His favorite quote comes from the movie "Happy Gilmore" when Happy says to just "Tap it in". Sean plans to attend Michigan State University where he will study Kinesiology.

NO BIOGRAPHY SUBMITTED FOR:

**STEVE BERTSCH**

**ANDREW HAMILTON**

**BRANDON LEWIS**

**SAM MURPHY**

**TOMAS RAMPE**

**ETHAN RULE**

**ADAM SAMBAER**

**COLSON SCHICK**

**MATTHEW WATKINS**

**ANDERSON YOUNG**



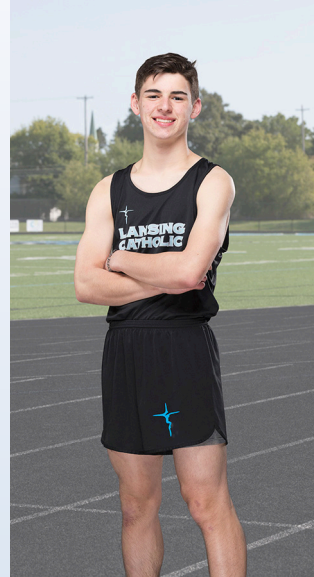


**PETER DUDLEY**

Peter has been running Track and Field on and off since middle school. He's always loved running with his cross country team and rediscovered his love for Track his Junior year. He would like to thank his parents, Coach Simpson, Coach Rod, Molly, and all of his teammates, current and past, for supporting him throughout his running career. Peter plans to study chemical engineering at the University of Notre Dame in the fall.

**CHARLIE GATES**

This is Charlie's first year of doing track. He would like to thank all of my friends and coaches who have made track an awesome experience for me. The best advice I ever got was when coach Simpson told me on a pre race day "run slow today and run fast tomorrow". He will miss practicing and running at the meets with my teammates the most. Charlie is planning on going to the University of Saint Thomas College at Saint John Vianney Seminary where he will be studying Philosophy.



**BRIAN MAGASWAREN**

Brian joined the track and field team this year! He was encouraged by his teammates to join because there is a spot for everyone on the team. Brian is very grateful for the team and the coaches and wished he had joined the team earlier. Brian plans to study Biology at the University of Michigan and will miss the track and field team dearly.

**SAM MATIAS**

Sam has been running track and field since his sophomore year in high school. He would like to thank his fellow teammate, Matthew Jones, for sparking his love of track and field. Sam's favorite memory from track was when he jumped his 19'10" PR at Regional Finals. He always enjoyed track meets, though they were very long, and he would confidently say that long jump is his favorite event. His advice for young players is to never quit because the team might win a state title without you! Sam plans to attend Lansing Community College after high school.



**MATTHEW JONES**

Matthew started track 10th grade after losing out on his freshman season due to COVID. This is his third year as a varsity athlete. He would like to thank his parents for always being there, his coaches for all their support, and his sister for always pushing him to be better. The best advice he's ever received is "Just run faster". His favorite memories are grill-outs at long meets and winning states. He will greatly miss the bus rides home and the Eastside dinners after home meets. Matthew will be attending Embry-Riddle Aeronautical University in Prescott, AZ on a High School Scholarship Program award through Air Force Reserve Officer Training Corp.

**GARY LU**

Gary has always been a big sports fan and he played basketball in middle school. It's his second year here, so this is really his first year playing for varsity sports. His biggest influence on his life has to be his dad telling him "Just go try new things. Don't be afraid. Step out of your comfort zone and we will always support you." Gary wants to thank his parents, host family, teachers and all of his friends for always helping him and giving him useful advice which makes this unfamiliar place feels like home. Watching football games, running in the sun, and learning new skills on the field will be his most unforgettable memory in high school. Gary plans to study biochemistry in University of Pittsburgh, hopefully he can meet more people and learn more about American culture.



**FRED MOREAU**

This is Fred's second year doing track and field and did cross country beforehand to get ready for such a demanding sport. His biggest influence has been his friends and family for always supporting him no matter if he falls short of the competition. His best advice has been from his mother and father, "Just go out their and do your best that's all anyone can do". Some advice he wants to give to his younger teammates is that even though you may not feel good enough or fast enough just remember that you don't struggle alone and their is always someone waiting for you at the end of the finish line. Fred has had a great year running and wouldn't have traded this experience for the world. Fred plans to attend Aquinas College and wants to study psychology or therapy to help those in need.

**TOMAS RAMPE**

This is Tomas' first year running track. He decided to try it out because he enjoyed running cross country all 4 years of high school and being a part of a great team. Tomas' goals for this season are to go to states in his events and with his teammates. He would like to thank Coach Simpson for pushing him to his full potential. Go Cougars!



NO BIOGRAPHY SUBMITTED FOR:

**JOEY CASTLE**

**MAKHI DOWSETT**

**ISAAC IOCCO**

## TRACK — BIOS



### INDIA DOERR

India has been participating in track for all four years of highschool and since sixth grade, She has always loved the team aspect and how close she has gotten to all of her teammates throughout the years Her favorite memories consists of going to get food after meets and fighting with her big brother at practice. As Coach Slmpson has always said there is no such thing as pain which always gave her a big boost of encouragement to keep pushing. India Plans on attending St.Mary's college in Notre Dame to continue her cross- country career and hopefully study Psychology!

### CC JONES

CC has been competing in track since the 6th grade. She would like to thank her parents for always showing support for her dreams and helping her to achieve her goals. She plans to compete for the University of Michigan and major in kinesiology.

### ELAINE KUTAS

Elaine has been running track since her junior year and has loved running relays, learn how to high jump, and spend time with her teammates. She would like to thank her parents for always supporting her, even during the cold meets, and her sister for being her biggest competition and cheerleader. She will miss the bus rides with the team and spending time with everyone during the long meets. Elaine is attending Hillsdale College in the fall to pursue a deeper education.

### ELANA MULLANEY

Elena has been running track since middle school. She has enjoyed the challenges that comes with each hurdle and event. She really would like to thank Coach Simpson, her parents, and her brother for inspiring her to do better and attain her own personal goals. "Run your own race and don't worry about the person next to you" has been some great advice. She is going to miss her friends that she has been running with for years and the encouragement that her team does for each other. Elena is looking forward to Hope College in the fall and starting a new journey.



## TRACK — BIOS



### HANNAH PRICCO

Hannah has been running since sixth grade. Her biggest influences have been her family and friends who always support her, especially her grandparents and aunt and uncle. Her favorite memories are winning the 4x4 her junior year at regionals, the bus rides back from meets, and just spending time with her team. She wants to thank her family and friends for helping her make it this far and to thank all her coaches, especially Coach Simpson who has always helped her reach her goals. Next year, she will be attending the University of Michigan next year where she will continue her running career.

### ZEE SIMPSON

Zee has been running her whole life and has been running track since 6th grade. She would like to thank her Dad for coaching her through not only track but through life as well and thank her Mom for being her biggest cheerleader and motivator. She would also like to thank all her teammates throughout the years for being her best friends and family to each other. Her favorite quote is from her Dad during a long meet he said "At this point I don't know what is coming first Jesus or the 200". Zee is going to Aquinas College to continue her cross country and track career and major in Elementary Education.



## TENNIS — BIOS



### HANNAH BRADFORD

Hannah first started playing tennis at a short tennis camp the summer after fifth grade. She then played in her free time every once in awhile until high school. She started JV sophomore year and played in a few varsity matches that year. Hannah joined the varsity team her junior year. During her junior season, she and her doubles partner won first in the league. Hannah would like to thank her coaches, parents, and the athletic director for supporting her throughout her sports seasons. Her biggest influencer is her varsity tennis coach, who has always encouraged her to remember that being mentally fit for the game is just as important as being physically fit. Her advice to younger and future players is: Stay in the game to the end. Hannah plans to study Human Services at MSU.

**TENNIS — BIOS**



**AMY MAGAWAY**

Amy has been playing tennis since her freshman year, and has been on varsity since her sophomore. Amy's mom has been her biggest supporter because she was the person who got her into the sport, and taught her how to play. Her favorite memories from tennis are playing with her hilarious doubles partner and best friend, Sarah, as well as watching Grace run. She would like to thank Coach Cindy, Coach Carly, and all her teammates. After high school Amy will be attending Michigan State University where she will be studying Biosystems Engineering.

**SARAH COREY**

Sarah has been playing tennis for four years, and has been on varsity for two. She grew up playing with her family during the summers and has always loved the sport. She would like to thank her coaches Cindy and Carly for always pushing her, and her Dad for being there and always supporting her. Sarah's favorite memories from tennis have been on the court playing with her best friend and doubles partner Amy, who always knew how to make her laugh and made every match one to remember. She plans to study environmental studies and sustainability at MSU this fall and hopes to play tennis in her free time.



**PHUONG LE**

Phuong has been playing tennis since freshman year. Her biggest influences in joining tennis were her friend Lexi and her dad, who also played tennis in his youth. She would like to thank her team for being supportive and fun to be around. The team is not just a bunch of girls, but instead a family that has each others' backs. The most helpful advice from her coaches that she would like to pass down to the younger players is to work on the mental side of tennis by calming down and not forgetting to have fun. After highschool, Phuong plans to major in Aviation Management and Operations at WMU and soar to the skies as a pilot.

**STELLA PALINKSI**

Stella has played tennis since her junior year of high school and has been on varsity for the two years she's played. Her coach has helped her feel like a big part of the team and has encouraged her to push herself. Her favorite piece of advice that she has received from her coach is to always do the best that you can, because it has such a positive influence on the team. Her favorite memory was playing the regionals tournament at MSU during her junior year with her doubles partner, Annie Tietsort. Stella would like to thank her parents, siblings, teammates and her coach for always supporting her and making tennis fun. Stella is planning on studying art and design at Hope College.



**LACROSSE — BIOS**



**MATHEWDAVID BRADBURY**

MathewDavid has been playing lacrosse since 8th grade he started playing goalie halfway through the 8th grade season and he has said it's the best decision he has ever made and he wants to thank coach Kimball and his parents for all the work and money put into goalie training. After high school MathewDavid will be heading to navy boot camp where he will qualify for seal training and hope to become a navy seal.

**NATE D'ALESSANDRO**

Nate has been playing lacrosse since 6th grade. His parents have always supported him and helped him grow in this sport, as well as his coaches especially Coach Kimble. I think the best advice he has is to work in the off season because it really shows. Nate doesn't know what his plans for next year are but he plans to work while he figures it out.

NO BIOGRAPHY SUBMITTED FOR:  
**NIC GRUBER**

**ANNABELLA HAGEN**

Bella has been playing lacrosse since 6th grade and has been on varsity all four years of high school. She would like to thank her parents, especially her dad for always being at her games, pushing her to be her best, and helping her every step of the way. A lot of her inspiration of how she plays and how to be a teammate is from a former player that was always there for her. This player taught Bella how influential an older teammate can be on a player short term and long term. Her favorite memories are from riding home on the bus after a big win with everyone being together and celebrating. Bella plans to study biochemistry at Butler University in the fall.

**LEAH REID**

Leah has been playing lacrosse since 4th grade. Including summer and travel lacrosse for the last 3 years. Her number one supporter is her dad, who has shown up to every game, and takes her to every tournament even when it's across the country. The best advice Leah ever gotten is "Practice the way you want to play." Some of Leah's favorite memories is all the jokes and laughter in practice with her teammates. Leah Wants to thank her family coaches and teammates, for always being there and being her biggest supporters. Leah plans to attend Miami Ohio University and remains undecided for her study.

NO BIOGRAPHY SUBMITTED FOR:  
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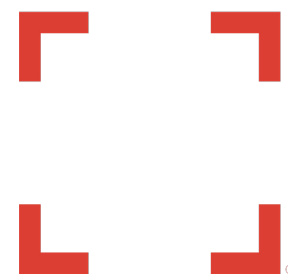
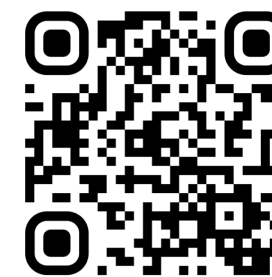
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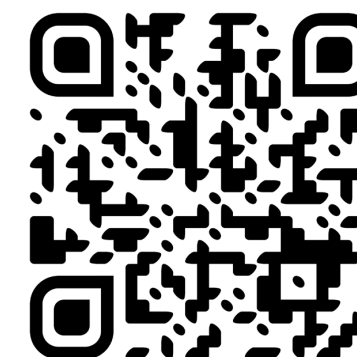
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Lansing Catholic High School annually presents four awards to alumni and other community members honoring our mission statement and representing our four cornerstones in their dedication and accomplishments.

*excellence ♦ faith ♦ tradition ♦ service*

**Have an alumni or community member to nominate?**

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HIGH SCHOOL

**PROSPECTIVE FAMILY NIGHT**  
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**FINANCIAL AID NIGHT**  
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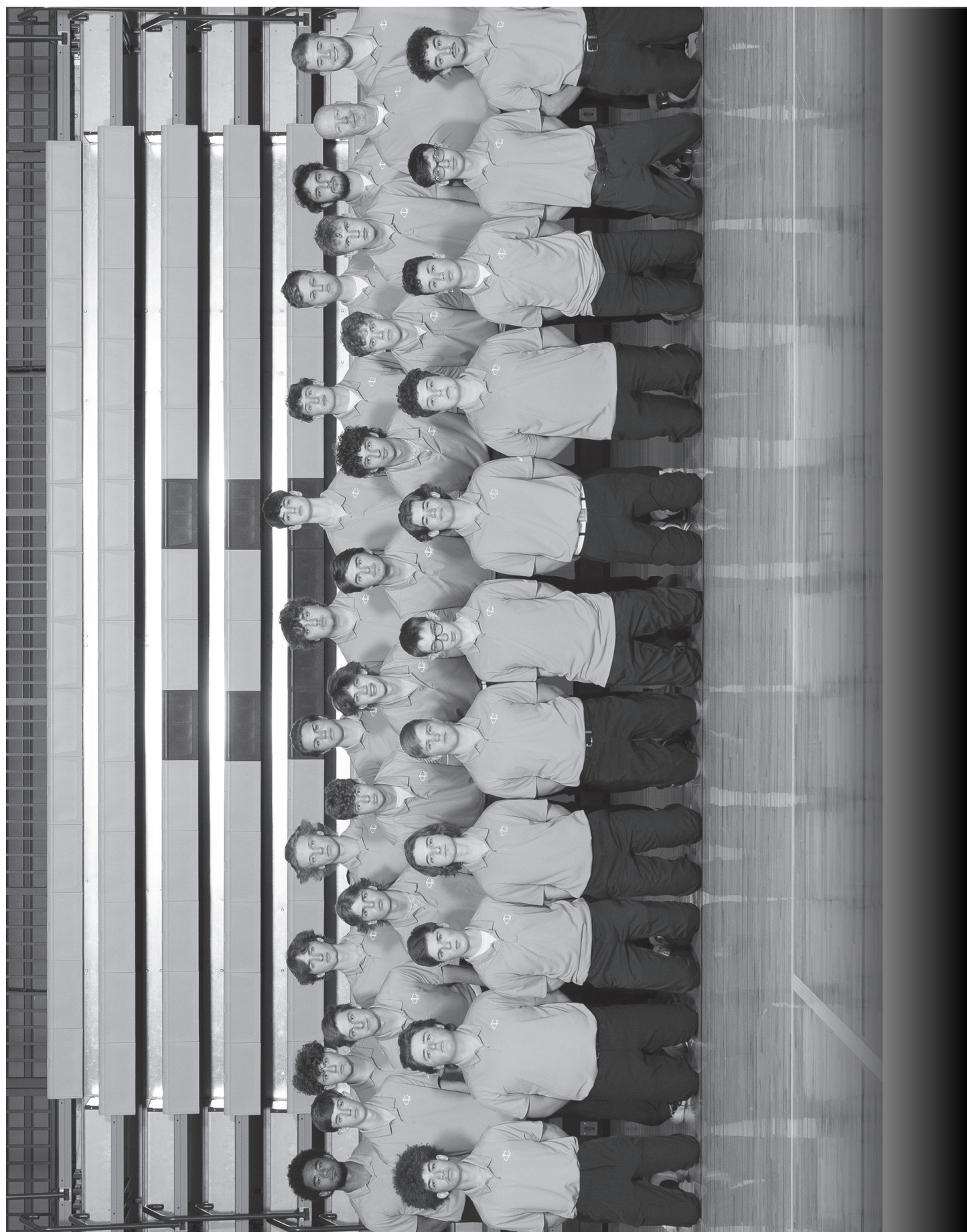
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**MATT GOLZYNSKI**  
HEAD COACH

Matt is beginning his third year as the dean of students at Lansing Catholic high school. Previous to that he spent eight years in the social studies classroom. He is the National Honor Society advisor and the boys varsity tennis coach for the last three years. This is his sixth year with the golf program and the first year as the varsity head coach. Matt's goal as a head coach is to help the boys become better golfers, but more importantly better young men while helping them in their path to become disciples of Jesus Christ.

**JOSH RILEY**  
ASSISTANT COACH

**SCHEDULE**

- (A) 04/06/23 3:00 PM Dewitt HS Scrimmage Eagle Eye GC
- (A) 04/13/23 3:00 PM CAAC Jamboree #1 Bonnie View GC
- (A) 04/14/23 9:00 AM Judson Scramble at Glenbrier Glenbriar Golf Course
- (A) 04/20/23 3:00 PM CAAC Jamboree #2 Maple Brook Golf Course
- (A) 04/22/23 9:00 AM Perry Invite - Dicks Sporting Goods Glenbriar Golf Course
- (A) 04/23/23 1:00 PM U of D invite @ Detroit Golf Club
- (A) 04/27/23 12:00 PM CAAC Jamboree #3 Royal Scot
- (A) 04/28/23 11:00 PM Corporal B @ American Dunes
- (H) 05/04/23 1:00 PM CAAC Jamboree #4 Groesbeck Golf Course
- (A) 05/10/23 3:30 PM CAAC Jamboree #5 Shadow Ridge GC
- (A) 05/11/23 9:00 AM CAAC Open Invite Hawk Hollow
- (A) 05/12/23 9:00 AM Redwing Invite Emerald Golf Course
- (A) 05/15/23 12:00 PM CAAC Jamboree #6 Portland Country Club
- (A) 05/20/23 9:00 AM El Classic Forest Akers Golf Course
- (A) 05/22/23 10:00 AM CAAC League Championship Emerald Golf Course
- (A) 05/25/23 9:00 AM Lansing Christian Invite Hawk Hollow
- (A) 05/30/23 9:00 AM MHSAA Regional Hawk Hollow



**MIKE MCGINNITY**  
ASSISTANT COACH

**PLAYER ROSTER**

- Jacob Bertrand .....Senior
- Steve Bertsch.....Senior
- Brock Bigger.....Junior
- Kiernan Bradford.....Sophomore
- Harrison Carey.....Freshman
- Leo Clement.....Senior
- Adam Collom.....Sophomore
- Sean Dua.....Senior
- Sean Durr.....Junior
- Stephen Fair.....Junior
- Andrew Hamilton.....Senior
- Nick Heal.....Sophomore
- Cole Hutchinson.....Junior
- Luke LaCross.....Freshman
- Nicky LaMacchia.....Senior
- Brandon Lewis.....Senior
- Jack McGinnity.....Junior
- Sam Murphy.....Senior
- Rafael Ramirez.....Sophomore
- Tomas Rampe.....Senior
- Hayden Riley.....Sophomore
- Ethan Rule.....Senior
- Adam Sambaer.....Senior
- Isaac Santini.....Freshman
- Colson Schick.....Senior
- Matt Shulick.....Sophomore
- Paul Tabit.....Freshman
- Connor Thompson.....Freshman
- Matthew Watkins.....Senior
- Ethan Welch.....Freshman
- Anderson Young.....Senior



## GOLF RECORDS

### VARSIY 18-HOLE TEAM RECORDS

- 286 (+2)** vs Mason (8/17/05) @ Groesbeck (Par 71)  
Eric Lilleboe (65), Pete Tomkie (73), Sean Courtney (73), Ben Setas (75)
- 291 (+3)** in the 2005 EL Fall Classic (8/22/05) @ MSU Forest Akers East (Par 72), Eric Lilleboe (70), Pete Tomkie (73), Ben Setas (74), Tony Kovac (74)
- 292 (+4)** in the 2004 Redwing Invitational (8/20/04) @ The Emerald (Par 72), Pete Tomkie (71), Eric Lilleboe (72), Bobby Mooney (73), Sean Courtney (76)

### VARSIY 9-HOLE TEAM RECORDS

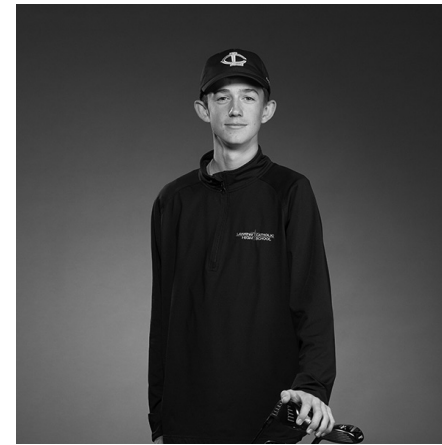
- 138 (-6)** in the CAAC III Jamboree (9/22/05) @ Brookshire (Front Nine - Par 36), Eric Lilleboe (34), Sean Courtney (34), Pete Tomkie (35), Ben Setas (35), Tony Kovac (35)
- 139 (+3)** in the CAAC III Jamboree (9/8/05) @ Wheatfield Valley (Front Nine - Par 34), Eric Lilleboe (33), Sean Courtney (34), Pete Tomkie (35), Tony Kovac (37)
- 140 (-4)** vs Charlotte (9/20/04) @ Groesbeck, (Back Nine - Par 36), Eric Lilleboe (33), Pete Tomkie (35), Sean Courtney (36), Tony Kovac (36)
- 145 (+1)** in the CAAC III Jamboree (9/14/06) @ Wheatfield Valley (Back Nine - Par 36), Sean Courtney (35), Aaron Nichols (35), Ben Setas (36), Mike Murray (39)
- 145 (+1)** in the CAAC III Jamboree (9/9/04) @ Groesbeck (Back Nine - Par 36), Eric Lilleboe (33), Sean Courtney (35), Pete Tomkie (38), Jeff Klein (38)
- 145 (+1)** vs Mason (9/6/01) @ Groesbeck (Back Nine - Par 36), Chris Johnson (33), Sean King (35), Polo Hourani (36), Zack Cole (41)
- 148 (+4)** in the CAAC III Jamboree (9/16/04) @ Brookshire (Front Nine - Par 36), Adam Beachnau (36), Pete Tomkie (37), Tony Kovac (37), Eric Lilleboe (38)
- 144 (+5)** in the CAAC White Jamboree (4/17/14) @ Willow Creek GC (Par 35), Niko Voutsaras (35), Adam Elias (35), Owen Rush (36), Brent Marshall (39)

### VARSIY 18-HOLE INDIVIDUAL RECORDS

- 65 (-6)** Eric Lilleboe vs Mason (8/17/05) @ Groesbeck (Par 71)
- 68 (-4)** Jacob Johnson in the 2013 EL Invitational (4/22/13) @ Walnut Hills CC (Par 72)
- 68 (-4)** Eric Lilleboe in the 2004 Redwing Invitational (8/15/05) @ The Emerald (Par 72)
- 68 (-4)** Pete Tomkie in the 2003 EL Fall Classic (8/18/03) @ MSU Forest Akers East (Par 72)
- 68 (-4)** Eric Lilleboe in the 2004 Redwing Invitational (8/15/05) @ The Emerald (Par 72)
- 68 (-2)** Patrick Staudt in the 2008 MHSAA District (5/22/08) @ Gratiot CC (Par 70)
- 69 (-3)** Jacob Johnson in the 2012 MHSAA District (5/13/12) @ Yarrow Golf Club (Par 72)
- 69 (-3)** Polo Hourani in the 2001 Mason Invitational (8/17/01) @ MSU Forest Akers East (Par 70)
- 69 (-3)** Wayne Mueller vs Everett @ Groesbeck (1986)

### VARSIY 9-HOLE INDIVIDUAL RECORDS

- 32 (-4)** Eric Lilleboe vs Mason (8/17/05) @ Groesbeck (Back Nine - Par 36)
- 32 (-4)** Alan Nicholson vs Jackson Northwest/Okemos (9/7/00) @ MSU Forest Akers East (Back Nine - Par 36)
- 32 (-3)** Ben Setas vs Mason (8/23/06) @ Eldorado (White Nine - Par 35)
- 32 (-3)** Wayne Mueller vs Everett (1986) @ Groesbeck (Old Back Nine - Par 35)
- 33 (-3)** Brent Marshall in the MHSAA District (5/23/14) @ The Emerald (Back Nine - Par 36)
- 33 (-3)** Brent Marshall in the MHSAA State Finals (6/14/13) @ Bedford Valley GC (Back Nine - Par 36)
- 33 (-3)** Eric Lilleboe vs Charlotte (9/20/04) @ Groesbeck (Back Nine - Par 36)
- 33 (-3)** Eric Lilleboe in the CAAC III Jamboree (9/9/04) @ Groesbeck (Back Nine - Par 36)
- 33 (-3)** Pete Tomkie in the 2003 EL Fall Classic (8/18/03) @ MSU Forest Akers East (Front Nine - Par 36)
- 33 (-3)** Chris Johnson vs Mason (9/6/01) @ Groesbeck (Back Nine - Par 36)



**HAYDEN RILEY**  
LSJ ALL AREA



**WILL MANSFIELD**  
LSJ ALL AREA



**SAM MURPHY**  
LSJ ALL AREA



**ETHAN RULE**  
LSJ ALL AREA

**COUGAR** *pride*

### TAYLOR PARKER ASSISTANT ATHLETIC DIRECTOR

Taylor Parker graduated from Cass Tech High School in Detroit, Michigan. She played college basketball at Kent State University for two years before transferring to Glenville State College where she helped the Pioneers win two MEC Championships. Parker graduated from Glenville State with a BS in Exercise Science before being named the Women's Basketball Graduate Assistant at Salem University. While at Salem she also earned her MBA in Sports and Recreation Management. Parker comes to Lansing Catholic after spending a year as an Assistant girls' basketball Coach at Cass Tech High School.



 **TRACK AND FIELD — BOYS**



**TIM SIMPSON**  
HEAD COACH

Coach Simpson enters his 28th year with the track program at Lansing Catholic. He was an outstanding runner in high school and continued his career at Michigan State. He is looking for another strong season this year after the great successes of last year.



**DANA SPENCE**  
FIELD EVENTS COACH

Coach Spence is the current jumps coach for the Lansing Catholic Track & Field program. This is his fifth year coaching in the track & field program at the high school level after spending multiple years coaching in the Catholic Youth League. Coach received a BS degree in chemistry from Grand Valley State University and a PhD from Michigan State University. A major objective for this year is to have more scoring at league meets, win the league championship, and have multiple medal winners at regionals. Dana and his wife Diane, a teacher at St Thomas Aquinas Parish School, have 4 children, 2 of whom are on the LCHS team this season.

 **TRACK AND FIELD — BOYS**

**ROD JACKSON**  
ASSISTANT COACH

**NOEL SPENCE**  
ASSISTANT COACH

**TIM SALOW**  
ASSISTANT COACH

**SCHEDULE**

- (H) 03/22/23 5:00 PM LCHS Early Season Meet
- (A) 04/11/23 4:30 PM vs Lansing Sexton
- (H) 04/15/23 10:00 AM LCHS Relays
- (H) 04/19/23 5:00 PM vs Portland HS
- (A) 04/21/23 3:00 PM vs Ionia HS Bulldog Relays
- (A) 04/25/23 4:30 PM vs Charlotte HS
- (A) 04/29/23 9:30 AM vs Brighton HS
- (H) 05/01/23 5:00 PM vs Ionia HS
- (A) 05/05/23 2:30 PM 2023 Shepherd Invite
- (H) 05/08/23 5:00 PM vs Eaton Rapids HS
- (H) 05/10/23 5:00 PM CAAC Middle School Track Meet
- (A) 05/24/23 10:00 AM CAAC League Meet

Visit [www.lansing-catholic.bigteams.com/](http://www.lansing-catholic.bigteams.com/) for up-to-date details as schedule is subject to change.

**PLAYER ROSTER**

Sedric Audas.....	Freshman
JP Bohr.....	Freshman
Josh Carlin.....	Freshman
Joey Castle.....	Senior
Troy Chen.....	Junior
Santi Contreras.....	Freshman
Will Crockett.....	Freshman
Blaise Demko.....	Freshman
Makhi Dowsett.....	Senior
Peter Dudley.....	Senior
AJ Gates.....	Sophomore
Lucas Gates.....	Freshman
Charlie Gates.....	Senior
Jack Griffin.....	Freshman
Carson Herald.....	Sophomore
John Hinton.....	Junior
Isaac Iocco.....	Senior
Jacob Iocco.....	Sophomore
Daniel Ismail.....	Sophomore
Matthew Jones.....	Senior
Finn Keenan.....	Sophomore
Eli Kluemper.....	Freshman
Jeremy Lowe.....	Sophomore
Gary Lu.....	Senior
Brian Magaswaren.....	Senior
Ren Martias.....	Sophomore
Sam Matias.....	Senior
Fred Moreau.....	Senior
Gabe Mullaney.....	Junior
Justin Nyugen.....	Junior
Brandon Otten.....	Sophomore
Kurt Parilla.....	Freshman
Lucas Payne.....	Sophomore
Braden Rabideau.....	Sophomore
Gavin Rabideau.....	Freshman
Tomas Rampe.....	Senior
John Rapael.....	Freshman
Hayden Richey.....	Freshman
James Rubsam.....	Freshman
Ben Selesky.....	Sophomore
Chris Sims.....	Sophomore
Leland Van Alstine.....	Freshman



**MATTHEW JONES**  
LSJ DREAM TEAM



**JOSH OTTEN**  
LSJ DREAM TEAM



**DAVID PRUDER**  
LSJ DREAM TEAM



**BRADEN RABIDEAU**  
LSJ DREAM TEAM

**JACKSON BIGIRAMANA,  
MAKHI DOWSETT, JESSIE O'LEARY,  
BRADEN RABIDEAU**  
LSJ ALL AREA, 400 RELAY

**OWEN SPENCE, STEPHEN FAIR,  
DAVID PRUDER, JOSH OTTEN**  
LSJ ALL AREA, 3,200 RELAY

## LANSING CATHOLIC HIGH SCHOOL

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## INDIVIDUAL STATE CHAMPIONS

- 2016-17** Noah Alvarado, 1600m relay 3:23:56  
Konnor Maloney, 1600m relay 3:23:56  
Konnor Maloney, 400 :48:63  
Ryan Ruiter, 1600m relay 3:23:56  
Ryan Schroeder, 1600m relay 3:23:56  
Olivia Theis, 1600 4:50:10  
Olivia Theis, 3200 10:30:49  
Olivia Theis, XC
- 2014-15** Keenan Rebera, XC
- 2013-14** Keenan Rebera, XC  
Jacqueline Setas, Golf  
Keenan Rebera, 3200m
- 2012-13** Keenan Rebera, 3200m
- 2011-12** Peter Murray/ Jake Johnson, #1 doubles  
Zach Zingsheim, XC  
Dan Liesman, Shot Put  
Zach Zingsheim, 800m, 800m relay,  
1600m relay, 3200m relay  
Joe Marrah, 3200m relay  
Austin Winter, 3200m relay  
Jimmy Hicks, 1600m relay, 3200m relay  
Connor Caporale, 800m relay, 1600m relay  
Matt Macksood, 800m relay, 1600m relay  
Cedric Lee, 800m relay  
Calla Ramont, #3 singles
- 2010-11** Peter Murray/ Greg Waddell – Fall, #1  
doubles  
Paul Heeder – Fall, #1 singles  
Connor Caporale, 200m relay  
Matt Macksood, 200m relay  
Zach Zingsheim, 200m relay  
Aaron Wilson, 200m relay
- 2009-2010** Sam Reedy/ Greg Waddell – Fall,  
#2 doubles
- 2008-2009** Adam Setas/ Michael Maddalena – Fall,  
#3 doubles  
Peter Murray/ Adam Parker – Fall,  
#2 doubles  
Sam Reedy/ Greg Waddell – Fall,  
#4 doubles
- 2007-2008** Pat Duda, Golf  
Jamaal Tarpeh – Fall, #4 singles
- 2006-2007** Matt Kuch/ Aaron Nichols – Fall,  
#4 doubles  
Matt Kuch/ Brian Japinga – Spring,  
#2 doubles  
Peter Lindman/ Andrew Campbell – Fall,  
#1 doubles
- 2004-2005** Jordan O'Neil – Spring, #1 singles
- 2003-2004** Allison Strouse, 200m, 400m relay  
Liz Watson, 400m relay  
Liz Hart, 400m relay
- 2002-2003** Erin Sachau, 400m relay  
Jocelyn Marks, 200m relay  
Renee Rademacher, 200m relay,  
400m relay  
Erin Sachau, 200m relay, 400m relay  
Allison Strouse, 200m relay, 400m relay  
Amanda Strouse, 400m relay
- 2001-2002** Justin Murray- Golf
- 2000-2001** Kevin Boraenski- Fall, #1 singles
- 1999-2000** Rachel Kirvan, 1600m, 800m relay  
Lynn Gratz, 800m relay  
Stephanie McKenna, 800m relay  
Katie Chenoweth, 800m relay
- 1997-1998** Jeff Irish, Golf
- 1995-1996** Bryan Payne, #4 singles  
Amanda Rabideau, #4 singles
- 1991-1992** Christina Spadafore, #2 singles
- 1986-1987** Wayne Mueller, Golf
- 1980-1981** George Manson, Wrestling
- 1971-1972** Rex Bane, Wrestling



## TEAM STATE CHAMPIONS

- 2022-2023** Girls Basketball
- 2022-2023** Boys Bowling
- 2021-2022** Boys Track
- 2021-2022** Football
- 2019-2020** Football
- 2017-2018** Girls Cross Country
- 2015-2016** Boys Cross Country
- 2014-2015** Boys Golf
- 2013-2014** Boys Golf
- 2012-2013** Boys Golf, Girls Golf
- 2011-2012** Girls Golf, Boys Track
- 2007-2008** Boys Basketball
- 2005-2006** Boys Golf
- 2004-2005** Boys Golf
- 2001-2002** Boys Golf
- 1995-1996** Baseball, Girls Basketball
- 1986-1987** Boys Golf
- 1985-1986** Football
- 1975-1976** Hockey
- 1974-1975** Hockey

**TRACK AND FIELD — GIRLS**



**TIM SIMPSON**  
HEAD COACH

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**TRACK AND FIELD — GIRLS**

**ROD JACKSON**  
ASSISTANT COACH

**NOEL SPENCE**  
ASSISTANT COACH

**TIM SALOW**  
ASSISTANT COACH

**PLAYER ROSTER**

- Kate Coffey ..... Freshman
- India Doerr ..... Senior
- Ella Fischette ..... Sophomore
- CC Jones ..... Senior
- Lexi Keith ..... Sophomore
- Elaine Kutas ..... Senior
- Paige Kutas ..... Freshman
- Stella Lipinski ..... Freshman
- Frances Melinn ..... Freshman
- Elana Mullaney ..... Senior
- Chioma Okeke ..... Junior
- Ella Pricco ..... Sophomore
- Hannah Pricco ..... Senior
- Tessa Roe ..... Junior
- Julia Sambaer ..... Sophomore
- Zee Simpson ..... Senior
- Makena Snitgen ..... Junior
- Allison Spence ..... Junior
- Isabella Stajos ..... Sophomore
- Bri VanZwoll ..... Freshman
- Morgan Wilcox ..... Junior
- Sophia Gray ..... Freshman

**SCHEDULE**

- (H) 03/22/23 5:00 PM LCHS Early Season Meet
- (A) 04/11/23 4:30 PM vs Lansing Sexton
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- (A) 05/05/23 2:30 PM 2023 Shepherd Invite
- (H) 05/08/23 5:00 PM vs Eaton Rapids HS
- (H) 05/10/23 5:00 PM CAAC Middle School Track Meet
- (A) 05/24/23 10:00 AM CAAC League Meet

Visit [www.lansing-catholic.bigteams.com/](http://www.lansing-catholic.bigteams.com/) for up-to-date details as schedule is subject to change.



**HANNAH PRICCO**  
LSJ ALL AREA  
400



**CINDY SWAIN**  
HEAD COACH

**CARLY KOSKI**  
ASSISTANT COACH

**PLAYER ROSTER**

Therese DeWaters.....	Freshman
Susanna DeWaters.....	Sophomore
Miyoshi Naval.....	Freshman
Kaori Naval .....	Freshman
Anna Riehl .....	Junior
Mariana Prieto.....	Junior
Hannah Bradford.....	Senior
Abby Frank .....	Sophomore
Amy Magaway.....	Senior
Sarah Corey .....	Senior
Stella Palinski .....	Senior
Annie Tietsort .....	Junior
Aubrey Bruch.....	Sophomore
Eliza Palinski.....	Sophomore
Kaitlyn Kennedy.....	Junior
Grace Curry.....	Sophomore
Ava Hudson.....	Junior
Lillian Rule.....	Freshman
Mona Souri.....	Sophomore
Layla Corbit-Fata.....	Freshman
Makayla Pham .....	Junior
Phoung Le .....	Senior

**SCHEDULE**

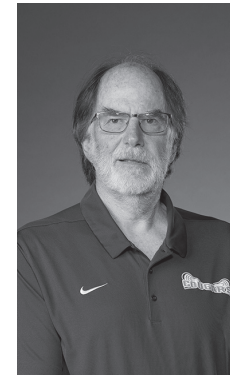
- (H\*) 03/17/23 1:00 PM vs Shrine HS
- (A) 03/21/23 4:30 PM vs Pinckney HS
- (A) 04/04/23 4:00 PM vs Holt HS
- (A) 04/05/23 4:00 PM vs St. Johns HS
- (A) 04/11/23 4:00 PM vs Haslett HS
- (A) 04/15/23 9:00 AM vs St. Johns HS Invite
- (A) 04/22/23 9:00 AM QUAD Williamston HS
- (A) 04/25/23 4:00 PM vs Portland HS
- (A) 04/27/23 4:00 PM vs Charlotte HS
- (A) 05/02/23 4:00 PM vs Ionia HS
- (A) 05/04/23 4:00 PM vs Eaton Rapids HS
- (H\*) 05/05/23 4:30 PM vs Grant Christian School Waverly
- (A) 05/06/23 9:00 AM QUAD Ovid Elsie HS
- (A) 05/08/23 4:00 PM vs West Catholic HS
- (H\*) 05/09/23 4:30 PM vs Durand HS Waverly
- (A) 05/11/23 9:00 AM CAAC Tournament
- (A) 05/18/23 9:00 AM MHSAA Regionals

\*(H) - home court is at Waverly HS

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**AVA FOSTER**  
LSJ ALL AREA



**RICH KIMBALL** HEAD COACH

Coach Kimball is entering his twelfth year as head coach, after assist coaching for three years, he began head coaching in 2016. His coaching credentials include seven years as a high school coach in New England and seventeen years as the head coach of the Michigan State varsity team, where his teams appeared in the NCAA DI tournament three times. Coach Kimball was the athletic director at Lansing Catholic for the eight years. He lives in East Lansing with his awesome wife Mary who encourages him to pursue his passion for coaching lacrosse.

**SCHEDULE**

- (H) 03/18/23 10:00 AM vs Midland HS
- (A) 03/22/23 7:00 PM vs Vicksburg HS
- (A) 04/11/23 7:00 PM vs Holt HS
- (H) 04/13/23 7:00 PM vs Ovid-Elsie HS
- (H) 04/15/23 7:00 PM vs Lakeview-Battle Creek
- (H) 04/18/23 7:00 PM vs East Lansing HS
- (H) 04/20/23 7:00 PM vs Grand Ledge HS
- (A) 04/25/23 5:30 PM vs Haslett HS
- (A) 04/27/23 7:00 PM vs Okemos HS
- (A) 04/28/23 4:00 PM vs Dakota HS at Albion College
- (A) 05/02/23 6:00 PM vs Dewitt HS
- (A) 05/04/23 6:30 PM vs Mattawan HS
- (H) 05/06/23 3:30 PM vs Kenowa Hills HS
- (H) 05/09/23 CAAC TNY Round 1
- (H) 05/11/23 CAAC TNY Round 2
- (A) 05/16/23 6:00 PM vs Grand Blanc HS

Visit [www.lansing-catholic.bigteams.com/](http://www.lansing-catholic.bigteams.com/) for up-to-date details as schedule is subject to change.

**MAX LINSCOTT**  
ASSISTANT COACH

**PLAYER ROSTER**

- 2 Payton Allaire ..... Sophomore.....Midfield
- 3 Gary Tackett ..... Freshman.....Midfield
- 5 Drew Davidson ..... Freshman.....Midfield
- 8 Matthew Sambaer ..... Junior.....Attack
- 9 Logan Voss ..... Sophomore.....Attack
- 10 Owen Christie..... Sophomore..... Defense
- 11 Isaac Ciuk ..... Sophomore.....Attack
- 14 Lucas Palmiter ..... Freshman.....Midfield
- 15 Matthew David Bradbury .... Senior.....Goalie
- 6 Nate D'Alessandro ..... Senior.....Midfield
- 20 Mitchell Cochran ..... Sophomore.....Attack
- 21 Ivan Clayton ..... Junior..... Defense
- 24 Nathan Schroedar..... Freshman.....Attack
- 29 Nic Gruber ..... Senior..... Defense
- 30 Jackson Schueler ..... Sophomore.....Midfield
- 35 Braydon Smith ..... Sophomore.....Midfield
- 40 Michael Emmons ..... Freshman..... Defense
- 48 David Magaway ..... Sophomore..... Defense



**NICK GRUBER**  
LSJ ALL AREA



**CHRISTIAN TUCKER**  
LSJ ALL AREA

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The Lansing Catholic High School Athletic Department is excited to announce that the Jr. Cougars will be joining the Capital Athletic Association Conference (CAAC). This will apply to 7th & 8th grade sports in Cross-Country, Volleyball, Basketball (Girls & Boys), & Track.



FOR MORE INFORMATION VISIT  
[LANSINGCATHOLIC.ORG/JRCOUGARS](http://LANSINGCATHOLIC.ORG/JRCOUGARS)



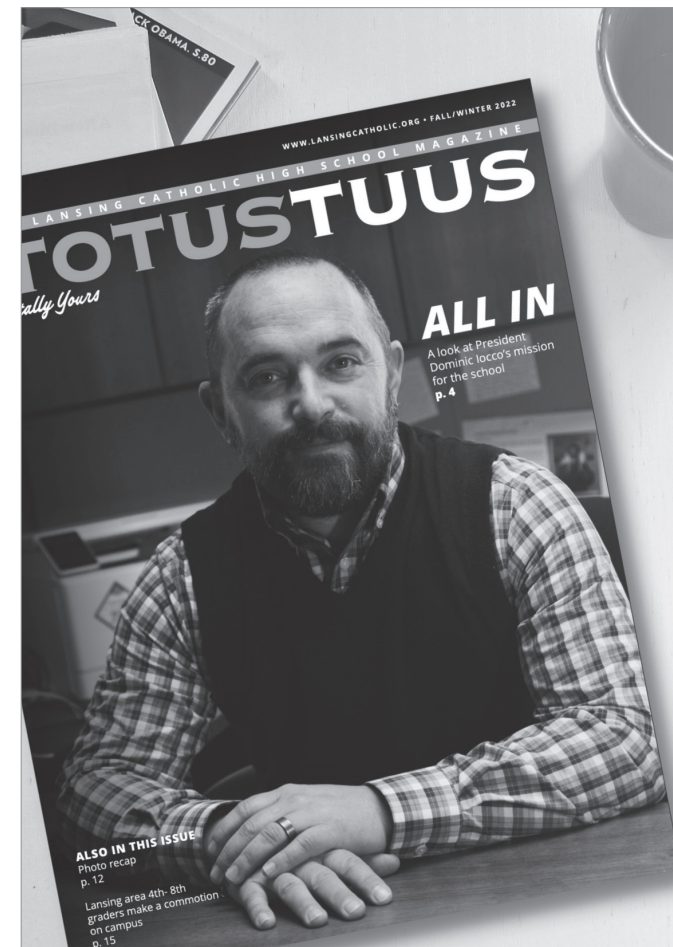
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For more information regarding the Knights of Columbus,  
contact us at [StateOffice@mikofc.org](mailto:StateOffice@mikofc.org).



In this issue:

- **ALL IN:** A look at President Dominic Iocco's mission for the school
- **Homecoming photo recap**
- **Cougar Commotion**
- **Learning what it means to be ALL IN with alumni seminarian Thomas Crowley C19**

...and more!

Scan to read the  
Fall/Winter 2022  
Issue of Totus Tuus





**DWYANE MASON**  
HEAD COACH

**ASHLEY GORDON**  
ASSISTANT COACH

**CALI DAVID**  
ASSISTANT COACH

**SCHEDULE**

- (H) 04/04/23 7:00 PM vs Lakeview-Battle Creek
- (A) 04/05/23 6:00 PM vs Kalamazoo Central HS
- (H) 04/11/23 7:00 PM vs Holt HS
- (A) 04/13/23 6:00 PM vs Ovid-Elsie HS
- (A) 04/15/23 12:30 PM vs Heritage HS
- (A) 04/18/23 7:00 PM vs East Lansing HS
- (A) 04/20/23 7:00 PM vs Grand Ledge HS
- (A) 04/24/23 6:00 PM vs Davison HS
- (A) 04/25/23 7:00 PM vs Haslett HS
- (H) 04/27/23 7:00 PM vs Okemos HS
- (H) 05/02/23 7:00 PM vs Dewitt HS
- (A) 05/04/23 7:00 PM vs Saline HS
- (H) 05/06/23 12:00 PM vs Heritage HS
- (A) 05/15/23 6:00 PM vs Powers Catholic HS
- (H) 05/16/23 7:00 PM vs Portage Northern HS

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**PLAYER ROSTER**

- Sydney Eidelbes ..... Senior ..... LC
- Leah Reid ..... Senior ..... LC
- Gabriella Torgeson ..... Junior ..... LC
- Nyla Carter ..... Senior ..... Waverly
- Ella Herrera ..... Senior ..... Waverly
- Annabella(Bella) Hagen ..... Senior ..... LC
- Sarah Hicks ..... Junior ..... LC
- Emily Putman ..... Junior ..... LC
- Ava Sullivan ..... Sophomore ..... LC
- Bella Tabor ..... Freshman ..... LC
- Cara McDonald ..... Freshman ..... LC
- Ella(Elle) Chee ..... Freshman ..... LC
- Erin Cripps ..... Freshman ..... LC
- Gabby Schultz ..... Freshman ..... LC
- Jada(Leo) Parker ..... Freshman ..... Waverly
- Kylie Davidson ..... Freshman ..... LC
- Lily Schultz ..... Freshman ..... LC
- Zoe Meyer ..... Freshman ..... LC
- Sarah Krause ..... Freshman ..... LC
- Makena(Kena) Collins ..... Junior ..... LC
- Isabella Thewsch ..... Freshman ..... Waverly



**LEAH REID**  
LSJ DREAM TEAM



**SARAH HICKS**  
LSJ ALL AREA





**BELLA HAGEN**  
LSJ ALL AREA



**CAIDI MCDONALD**  
LSJ ALL AREA



**AMANDA MELLING**  
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